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- Adam Young. *The Place We Find Ourselves – Why Your Family of Origin Impacts Your Life More Than Anything Else*: <https://theplacewefindourselves.libsyn.com/website/2-why-your-family-of-origin-impacts-your-life-more-than-anything-else>
- Bob Schuchts. *Restore the Glory*; “Healing of the Family” series.
- Joey Pontarelli. *Restored: A Ministry for Adult Children of Divorce*. <https://restoredministry.com/podcast>